

1. Product Details

- Product Name: Indian Foxnuts (Makhana)
- Botanical Name: Euryale ferox
- Common Name: Makhana, Gorgon Nut
- Family: Nymphaeaceae
- **Type**: Popped seeds
- Origin: India
- **Description**: Foxnuts are the popped seeds of the lotus plant. They are highly nutritious, gluten-free, low in calories, and widely used as a healthy snack, in Indian sweets, and in traditional medicine.





2. Physical Specifications			
Parameter	Specification		
Appearance	White, round, puffed seeds		
Color	Bright white to off-white		
Size	10–14 mm (premium grade), 6–9 mm (standard grade)		
Texture	Crisp and crunchy		
Taste	Mildly nutty and neutral		
Moisture Content	≤ 5%		
Purity	≥ 99%		
Broken Kernels	≤ 5%		
Foreign Matter	≤ 0.5%		

3. Chemical Specifications

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Parameter	Specification	
Ash Content	≤ 2%	
Fat Content	0.1–0.5%	
Carbohydrates	77–82%	
Protein Content	8–12%	
Crude Fiber	≤ 1%	
Pesticide Residue	Compliant with international standards	
Aflatoxin Levels	≤ 10 ppb (As per EU/US norms)	

4. Nutritional Information (per 100g)

Nutrient	Content	
Energy	347 kcal	
Carbohydrates	77g	
Dietary Fiber	7.6g	
Protein	9.7g	
Fat	0.5g	
Calcium	60mg	





Nutrient	Content	
Iron	1.4mg	
Magnesium	56mg	

5. Packing and Shipping Details

- Packing:
 - Food-grade polybags or vacuum-sealed packaging to maintain freshness.
 - Common sizes: **250g**, **500g**, **1kg**, **10kg**, or customized as per buyer requirements.
- Storage:
 - Store in a cool, dry place, away from direct sunlight and moisture.
- Shelf Life:
 - **9–12 months** under proper storage conditions.
- Container Loading Capacity:
 - 20ft Container: Up to 8–10 MT (bulk or packaged)
 - 40ft Container: Up to 16–18 MT (bulk or packaged)